

2017 Swim Team Schedule

Week 1 June 12-16

| Age Group | Monday 06/12/17 | Tuesday 06/13/17 | Wednesday 06/14/17 | Thursday 06/15/17 | Friday 06/16/17 |
|-----------|--------------------|---------------------|-----------------------|---------------------------|----------------------|
| 6&Under | OFF | OFF | OFF | Practice 4:00-4:30pm | Practice 4:00-4:30pm |
| 8&Under | OFF | OFF | OFF | Deep End Test 4:30-5:30pm | Practice 4:30-5:30pm |
| 9/10 | OFF | OFF | OFF | Deep End Test 4:30-5:30pm | Practice 4:30-5:30pm |
| 11/12 | OFF | OFF | OFF | Deep End Test 5:30-6:30pm | Practice 5:30-6:30pm |
| 13/14 | OFF | OFF | OFF | Deep End Test 5:30-6:30pm | Practice 5:30-6:30pm |

Extra Info: Deep end test is to be done by ALL swimmers. I know the club rule is that children over 12 do not need to take it however I like to take this time for the team to come together for a easy first practice.

Extra Info: I know school is still in session this week. I understand if its difficult to make it to practice this week. I wanted to start as soon as possible due to our season being so short.

Week 2 June 19-23

| | Monday 06/19/17 | Tuesday 06/20/17 | Wednesday 06/21/17 | Thursday 06/22/17 | Friday 06/23/17 |
|-----------|--------------------|--------------------------|--------------------------|--------------------------|--|
| Age Group | | | | | |
| 6&Under | OFF | Practice 4:00-4:30pm | Practice 4:00-4:30pm | Practice 4:00-4:30pm | No Practice Meet the Instructors BBQ |
| 8&Under | OFF | Practice 4:30-5:30pm | Practice 4:30-5:30pm | Practice 4:30- 5:30pm | No Practice Meet the Instructors BBQ |
| 9/10 | OFF | Practice 4:30-5:30pm | Practice 4:30-5:30pm | Practice 4:30-5:30pm | No Practice Meet the Instructors BBQ |
| 11/12 | OFF | Practice 5:30- 6:30pm | Practice 5:30- 6:30pm | Practice 5:30- 6:30pm | No Practice Meet the Instructors BBQ |
| 13/14 | OFF | Practice 5:30- 6:30pm | Practice 5:30- 6:30pm | Practice 5:30- 6:30pm | No Practice Meet the Instructors BBQ |

Extra Info: Time Trails are for me and my assistants to assess the swimmers progress. First home swim meet is _____.
 For the new members of the team, meets are rather hectic. Please have your swimmers stay on the side of the pool with the team so my assistants and I can make sure everyone is lined up properly.

Week 3 June 26-30

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|-------------------------|-------------------------|-------------------------|---|-------------------------|
| Age Group | 6/26/2017 | 6/27/2017 | 6/28/2017 | 6/29/2017 | 6/30/2017 |
| 6&Under | Practice 4:00-4:30pm | Practice 4:00-4:30pm | Practice 4:00-4:30pm | Swim Meet:HOME VS Camp Z Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Off |
| 8&Under | Practice 4:30-5:30pm | Practice 4:30-5:30pm | Practice 4:30-5:30pm | Swim Meet:HOME VS Camp Z Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 7:45-8:30AM |
| 9/10 | Practice 4:30-5:30pm | Practice 4:30-5:30pm | Practice 4:30-5:30pm | Swim Meet:HOME VS Camp Z Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 7:45-8:30AM |
| 11/12 | Practice 5:30-6:30pm | Practice 5:30-6:30pm | Practice 5:30-6:30pm | Swim Meet:HOME VS Camp Z Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 8:30-9:30AM |
| 13/14 | Practice 5:30-6:30pm | Practice 5:30-6:30pm | Practice 5:30-6:30pm | Swim Meet:HOME VS Camp Z Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 8:30-9:30AM |

Extra Info: Time Trails are for me and my assistants to assess the swimmers progress. First home swim meet is _____.
 For the new members of the team, meets are rather hectic. Please have your swimmers stay on the side of the pool with the team so my assistants and I can make sure everyone is lined up properly.

Week 4 July 3 - 7

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|----------------------|----------------------------|-----------|----------------------|---|
| Age Group | 7/3/2017 | 7/4/2017 | 7/5/2017 | 7/6/2017 | 7/7/2017 |
| 6&Under | Practice 4:30pm | Happy 4th Of July!!!! . | OFF | Practice 4:30pm | Swim Meet: AWAY @ SILTON Arrive: 4:45 Warm up: 5:00 Start: 5:30 OFF |
| 8&Under | Practice 7:45-8:30AM | Happy 4th Of July!!!! . | OFF | Practice 7:45-8:30AM | Swim Meet: AWAY @ SILTON Arrive: 4:45 Warm up: 5:00 Start: 5:30 OFF |
| 9/10 | Practice 8:30AM | Happy 4th Of July!!!! . | OFF | Practice 7:45-8:30AM | Swim Meet: AWAY @ SILTON Arrive: 4:45 Warm up: 5:00 Start: 5:30 OFF |
| 11/12 | Practice 9:30AM | Happy 4th Of July!!!! . | OFF | Practice 8:30-9:30AM | Swim Meet: AWAY @ SILTON Arrive: 4:45 Warm up: 5:00 Start: 5:30 OFF |
| 13/14 | Practice 8:30-9:30AM | Happy 4th Of July!!!! . | OFF | Practice 8:30-9:30AM | Swim Meet: AWAY @ SILTON Arrive: 4:45 Warm up: 5:00 Start: 5:30 OFF |

Week 5 July 10-14

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--------------------------|---|--------------------------|--|---------------------------|
| Age Group | 7/10/2017 | 7/11/2017 | 7/12/2017 | 7/13/2017 | 7/14/2017 |
| 6&Under | Practice 4:00-4:30pm | Swim Meet: HOME VS Brick Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 4:00-4:30pm | Swim Meet: AWAY @ Neptune Arrive: 5:45 Warm up: 6:00 Start: 6:15 | Off |
| 8&Under | Practice 4:30-5:30pm | Swim Meet: HOME VS Brick Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 4:30-5:30pm | Swim Meet: AWAY @ Neptune Arrive: 5:45 Warm up: 6:00 Start: 6:15 | PAJAMA DAY 8:30-9:30AM |
| 9/10 | Practice 4:30-5:30pm | Swim Meet: HOME VS Brick Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 4:30-5:30pm | Swim Meet: AWAY @ Neptune Arrive: 5:45 Warm up: 6:00 Start: 6:15 | PAJAMA DAY 8:30-9:30AM |
| 11/12 | Practice 5:30- 6:30pm | Swim Meet: HOME VS Brick Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 5:30- 6:30pm | Swim Meet: AWAY @ Neptune Arrive: 5:45 Warm up: 6:00 Start: 6:15 | PAJAMA DAY 8:30-9:30AM |
| 13/14 | Practice 5:30- 6:30pm | Swim Meet: HOME VS Brick Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 5:30- 6:30pm | Swim Meet: AWAY @ Neptune Arrive: 5:45 Warm up: 6:00 Start: 6:15 | PAJAMA DAY 8:30-9:30AM |

Week 6 July 17-21

| Age Group | Monday 7/17/2017 | Tuesday 7/18/2017 | Wednesday 7/19/2017 | Thursday 7/20/2017 | Friday 7/21/2017 |
|-----------|--------------------------|--|--------------------------|--|---------------------|
| 6&Under | Practice 4:00- 4:30pm | Swim Meet: HOME VS SL B&T Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 4:00- 4:30pm | Swim Meet: HOME VS SL REC Arrive: 4:45 Warm up: 5:00 Start: 5:15 | OFF |
| 8&Under | Practice 7:45- 8:30AM | Swim Meet: HOME VS SL B&T Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 7:45- 8:30AM | Swim Meet: HOME VS SL REC Arrive: 4:45 Warm up: 5:00 Start: 5:15 | OFF |
| 9/10 | Practice 7:45-8:30AM | Swim Meet: HOME VS SL B&T Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 7:45-8:30AM | Swim Meet: HOME VS SL REC Arrive: 4:45 Warm up: 5:00 Start: 5:15 | OFF |
| 11/12 | Practice 8:30- 9:30AM | Swim Meet: HOME VS SL B&T Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 8:30- 9:30AM | Swim Meet: HOME VS SL REC Arrive: 4:45 Warm up: 5:00 Start: 5:15 | OFF |
| 13/14 | Practice 8:30- 9:30AM | Swim Meet: HOME VS SL B&T Arrive: 4:45 Warm up: 5:00 Start: 5:15 | Practice 8:30- 9:30AM | Swim Meet: HOME VS SL REC Arrive: 4:45 Warm up: 5:00 Start: 5:15 | OFF |

Week 7 July 24-28

| Age Group | Monday 7/24/2014 | Tuesday 7/25/2014 | Wednesday 7/26/2014 | Thursday 7/27/2014 | Friday 7/28/2014 |
|-----------|-------------------------|---|------------------------|--|---------------------|
| 6&Under | Practice 4:00-4:30pm | Swim Meet: AWAY @ TAC Arrive: 5:15 Warm up: 5:30 Start: 6:00 | Fun Day 4:00-4:30pm | Swim Meet: Away @ Avon Arrive: 5:00 Warm up: 5:15 Start: 5:45 | OFF |
| 8&Under | Practice 4:30-5:30pm | Swim Meet: AWAY @ TAC Arrive: 5:15 Warm up: 5:30 Start: 6:00 | Fun Day 4:30-5:30pm | Swim Meet: Away @ Avon Arrive: 5:00 Warm up: 5:15 Start: 5:45 | OFF |
| 9/10 | Practice 4:30-5:30pm | Swim Meet: AWAY @ TAC Arrive: 5:15 Warm up: 5:30 Start: 6:00 | Fun Day 4:30-5:30pm | Swim Meet: Away @ Avon Arrive: 5:00 Warm up: 5:15 Start: 5:45 | OFF |
| 11/12 | Practice 5:30-6:30pm | Swim Meet: AWAY @ TAC Arrive: 5:15 Warm up: 5:30 Start: 6:00 | Fun Day 5:30-6:30pm | Swim Meet: Away @ Avon Arrive: 5:00 Warm up: 5:15 Start: 5:45 | OFF |
| 13/14 | Practice 5:30-6:30pm | Swim Meet: AWAY @ TAC Arrive: 5:15 Warm up: 5:30 Start: 6:00 | Fun Day 5:30-6:30pm | Swim Meet: Away @ Avon Arrive: 5:00 Warm up: 5:15 Start: 5:45 | OFF |

Week 8 July 31-Aug 4

| Age Group | Monday 7/31/2017 | Tuesday 8/1/2017 |
|-----------|---|--|
| 6&Under | Off | League Relay's @ Neptune Aquadic Center Arrive 4:30 PM Up 4:45 Warm Start 5:15 |
| 8&Under | League Relay Participants ONLY Practice 7:45-8:30am | League Relay's @ Neptune Aquadic Center Arrive 4:30 PM Up 4:45 Warm Start 5:15 |
| 9/10 | League Relay Participants ONLY Practice 7:45-8:30am | League Relay's @ Neptune Aquadic Center Arrive 4:30 PM Warm Up 4:45 Start 5:15 |
| 11/12 | League Relay Participants ONLY Practice 8:30-9:30am | League Relay's @ Neptune PM Warm Up 7:00 Start 7:30 |
| 13/14 | League Relay Participants ONLY Practice 5:30-6:30pm | League Relay's @ Neptune Arrive 6:45 PM Warm Up 7:00 Start 7:30 |

Extra Info: League Relay's are at Neptune Aquatic Center. This meet is the only meet where not every swimmer will swim. This is the league championship where only the top 4-5 swimmers in each age group will be swimming. The swimmers that will be swimming in this meet will be posted on the swim board